



ROOTS 4 LEARNING CIC

First Aid Policy

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Signed by			
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Legal framework

This policy has due regard to legislation and statutory guidance, including, but not limited to, the following:

- Health and Safety at Work etc. Act 1974
- The Health and Safety (First Aid) Regulations 1981
- The Management of Health and Safety at Work Regulations 1999
- The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013
- DfE 'Supporting children and young people with medical conditions and allergy'
- DfE 'First aid in schools, early years and further education'
- DfE 'Automated external defibrillators (AEDs): a guide for maintained schools and academies'

This policy will be implemented in conjunction with the following school policies:

- Administering Medication Policy
- Allergen and Anaphylaxis Policy
- Relational Behaviour Policy
- Safeguarding Policy
- Educational Visits and School Trips Policy
- Health and Safety Policy
- Lone Worker Policy
- Data Protection Policy
- Supporting Pupils with Medical Conditions Policy

Roles and responsibilities

The trust board will be responsible for:

- The overarching development and implementation of this policy and all corresponding procedures.
- Ensuring a first aid needs assessment is undertaken to inform policy, practice and protocol.
- Ensuring that all relevant risk assessments are conducted to ensure the health and safety of the school community.
- Ensuring that there is a sufficient number of qualified first aiders within the school based upon the school's risk assessments.
- Ensuring that there are procedures and arrangements in place for first aid during off-site or out-of-hours activities, e.g. educational visits or parents' meetings.

- Ensuring that insurance arrangements provide full cover for any potential claims arising from actions of staff acting within the scope of their employment.
- Ensuring that appropriate and sufficient first aid training is provided for staff and ensuring that processes are in place to validate that staff who have undertaken training have sufficient understanding, confidence and expertise in carrying out first aid duties.
- Ensuring that adequate equipment and facilities are provided for the school site.
- Ensuring that first aid provision for staff does not fall below the required standard and that provision for pupils and others complies with the relevant legislation and guidance.
- Ensuring that the school has a suitably stocked first aid kit, an appointed person to take charge of first aid arrangements, and information for all employees giving details of first aid arrangements.

The Co-Headteachers are responsible for:

- The day-to-day development and implementation of this policy and its related procedures.
- Ensuring that all staff and parents are made aware of the school's policy and arrangements regarding first aid.
- Ensuring that all staff are aware of the locations of first aid equipment and how it can be accessed, particularly in the case of an emergency.
- Ensuring that all pupils and staff are aware of the identities of the school's first aiders and how to contact them if necessary.

All staff members are responsible for:

- Ensuring that they have sufficient awareness of this policy and the outlined procedures, including making sure that they know who to contact in the event of any illness, accident or injury.
- Securing the welfare of the pupils at school.
- Making pupils aware of the procedures to follow in the event of illness, accident or injury.

First aiders are responsible for:

- Completing and renewing training as dictated by the trust board.
- Ensuring that they are comfortable and confident in administering first aid.
- Ensuring that they are fully aware of the content of this policy and any procedures for administering first aid, including emergency procedures.
- Keeping up to date with government guidance relating to first aid in schools.

Where the school's assessment of first aid needs identifies that a designated first aider is not required, an appointed person will be assigned to take charge of the first aid arrangements. Appointed persons do not need to have a first aid qualification,

although they may benefit from training such as completing at least an emergency first aid at work course.

The appointed person is responsible for:

- Overseeing the school's first aid arrangements.
- Taking charge when someone is injured or becomes ill.
- Looking after the first aid equipment, e.g. restocking the first aid container.
- Calling the emergency services where necessary.

First aid provision

The school will regularly monitor and assess its first aid arrangements by conducting a first aid needs assessment, at least annually.

The school will maintain a register of trained first aiders, ensuring at least one staff member has a current paediatric first aid ('PFA') certificate and having a well-stocked first aid kit. The PFA certificate must be updated every three years.

The school will ensure that this assessment informs first aid policies and protocols and that arrangements continue to be appropriate and take account of the hazards and risks on the school premises, the size of the school, the needs of any vulnerable individuals onsite, and the nature and distribution of pupils and staff throughout the school.

The school will ensure that first aid provision is sufficient and can be administered without delay at all times.

All staff members will be made aware that agreeing to become a first aider for the school is strictly on a voluntary basis and that they should never feel pressured to take on this role.

The school will expect staff working with pupils to use their best endeavours at all times, particularly in emergencies, to secure the welfare of pupils in the same way that parents might be expected to act towards their children. The school will make staff aware of the government guidance which stipulates that, in general, the consequences of taking no action are likely to be more serious than those of trying to assist in an emergency.

The school will conduct risk assessments to identify potential hazards and ensure appropriate first aid measures are in place. Risk assessments will be reviewed at regular intervals, after serious accidents, incidents or near misses, after any significant changes to the workplace, working practices or staffing, and following any identified trends or accident statistics.

The school will provide sufficient materials and equipment to meet the needs identified in the first aid needs assessment and ensure that these are suitably labelled, accessible and available at all times.

The school will ensure it has suitably stocked first aid boxes in line with the first aid needs assessment. As there are no statutory requirements in place, the school will, where there is no special risk identified, follow the HSE guidelines on the minimum provision of first aid items, including a leaflet giving general advice on first aid,

individually wrapped sterile adhesive dressings of assorted sizes, sterile eye pads, individually wrapped triangular bandages, safety pins, individually wrapped sterile unmedicated wound dressings, and disposable gloves.

All first aid containers will be identified by a white cross on a green background.

The appointed person will routinely examine the contents of first aid boxes, including any mobile first aid boxes for offsite use; these will be frequently checked and restocked as soon as possible after use. Items will be safely discarded after the expiry date has passed.

First aid boxes will be located in the office and in each teaching space.

The school will inform staff, pupils, contractors and visitors to the school, as appropriate, of the first aid arrangements, including the contents and key principles of this policy, the location of equipment and facilities, the identities and roles of first aiders or the appointed person, how to contact a first aider or appointed person urgently should the need arise, and the procedures for monitoring and reviewing the school's first aid needs.

The school will include the provision of first aid information during staff induction.

First aiders

First aiders will be expected to give immediate help to casualties with common injuries or illnesses and those arising from specific hazards at the school or on educational visits, and to ensure that an ambulance or other professional medical help is called when appropriate.

When selecting first aiders, the school will consider reliability and communication skills, aptitude and ability to absorb new knowledge and learn new skills, ability to cope with stressful and physically demanding emergency procedures, and availability to respond immediately to an emergency, as set out in government guidance.

The appointed person is responsible for maintaining the school's supplies of first aid equipment.

First aid notices will be clearly displayed throughout the school with information on the names and locations of first aiders to ensure that pupils and staff know who they must contact in the event of illness or injury.

The current first aiders and appointed person(s), along with their contact details, locations and dates of qualification, are recorded in the school's First aid personnel register (Appendix A).

The school will ensure that there is always a sufficient number of first aid personnel available on site at all times to provide adequate cover.

The school will ensure that all first aiders hold a valid first aid certificate, issued by an HSE-approved organisation.

The school is aware that first aid certificates are usually valid for three years and will therefore ensure that adequate monitoring procedures are in place to ensure that refresher training is arranged for first aiders before certificates expire. First aiders will

ensure that their first aid certificates are kept up to date through liaison with the School Business Manager.

The school is aware that standard first aid at work training courses do not include resuscitation procedures for children. In all cases, the school will ensure that first aiders receive additional training in paediatric first aid so they are able to execute their duties appropriately to the whole school community. The school will ensure that first aid training courses cover mental health, in order to help staff members recognise the warning signs of mental ill health and to help them develop the skills required to approach and support someone, while keeping themselves safe. Pupils will be supported in accordance with the school's Relational Behaviour Policy.

Emergency procedures

If an incident, illness or injury occurs, the member of staff in charge will assess the situation and decide on the appropriate course of action, which may involve calling for an ambulance immediately or calling for a first aider.

If called, a first aider will assess the situation and take charge of first aid administration. If the first aider does not consider that they can adequately deal with the presenting condition by the administration of first aid, then they will arrange for the injured person to access appropriate medical treatment without delay.

Where an initial assessment by the first aider indicates a moderate to serious injury has been sustained, or the individual has become seriously unwell, a responding staff member will call 999 immediately.

Where necessary, a trained staff member will administer emergency help and first aid to all injured persons. The purpose of this is to keep the person alive and, if possible, comfortable, before professional medical help arrives. Where the seriously injured or unwell individual is a pupil, the following process will be followed:

- A responding staff member calls 999 immediately and follows the instructions of the operator; this may include the administering of emergency first aid.
- Where an ambulance is required, a staff member accompanies the pupil in the ambulance and calls the pupil's parent as soon as possible to inform them of the course of action taken. The staff member remains with the pupil at the hospital until a parent arrives.
- Where an ambulance is not required, but medical attention is needed, the pupil is taken to a hospital or doctor in a staff car, accompanied by at least two staff members, one to drive the car and one who is a first aider, to sit with the pupil in the back seat and attend to their medical needs. The pupil's parent is called as soon as possible to inform them that this course of action has been taken, and at least one of the staff members remains with the pupil at the hospital or doctor's office until a parent arrives.
- The school will ensure that no further injury can result from any incidents that occur, either by making the scene of the incident safe, or, if they are fit to be moved, by removing injured persons from the scene.
- Responding staff members will see to any pupils who may have witnessed the incident or its aftermath and who may be worried or distressed, despite not

being directly involved. These pupils will be supported away from the scene of the incident and comforted, drawing on the nurture and trauma-informed approach the school uses more broadly.

Once the above action has been taken, details of the incident will be reported promptly to the Co-Headteachers and the parents of the pupil(s) involved.

The school is aware that responding to an incident can be stressful for the first aider, and that following an incident, the first aider may require support. This may take the form of a debrief from any ambulance crew on scene, an appointment with their GP, or mental health support from external helplines and websites signposted by the government.

Offsite visits and events

Before undertaking any offsite visits or events, the member of staff organising the trip or event will assess the level of first aid provision required by undertaking a suitable and sufficient risk assessment of the visit or event and the persons involved.

Staff members will take mobile phones with them when undertaking off-site visits or events, as well as information about specific medical needs of pupils, and parents' contact details.

The school will take a fully stocked first aid kit on all offsite visits, containing at a minimum a leaflet giving general advice on first aid, individually wrapped sterile adhesive dressings, a large sterile unmedicated dressing, triangular bandages, safety pins, individually wrapped moist cleansing wipes and disposable gloves.

For more information about the school's educational visit requirements, please see the Educational Visits and School Trips Policy.

Accommodation

The school's first aid space will be suitable to use as and when it is needed, and any additional medical accommodation will be available in accordance with the school's first aid needs assessment.

The first aid space will be used to enable the medical examination and treatment of pupils and for the short-term care of sick or injured pupils. It will not be used for teaching purposes.

The first aid space will be kept clean, tidy, accessible and available for use at all times when staff are on site, and will display a notice advising the names, locations and, if appropriate, the contact details of first aiders.

Medicines

The school will ensure that staff are aware of government guidance which stipulates that the administration of first aid at work does not include the giving of tablets and medicines, whether prescribed or not. The only exception is where aspirin may be administered as first aid to a person aged 16 or over who is suspected of having a

heart attack. Aspirin will never be given to a pupil under 16 unless it has been prescribed by a doctor.

The provisions and requirements for the administration of medicines will be outlined in the following school policies and documents: the Administering Medication Policy, the Allergen and Anaphylaxis Policy, and the Supporting Pupils with Medical Conditions Policy.

In circumstances where pupils may need access to life-saving prescription drugs in an emergency, the details will be recorded in the pupil's individual healthcare plan (IHP) and identified staff members will be aware of what to do.

The school is aware that the administration of prescription-only medication specified in Schedule 19 of the Human Medicines Regulations 2012 should only be given by those trained to do so. Where a first aid needs assessment identifies that Schedule 19 medication may be required to be administered in an emergency, the school will consider providing first aiders with additional training so that they can be aware of the symptoms and condition and administer lifesaving medication in an emergency situation.

The school will incorporate clear procedures for the storing of medication and for the administration of medication. This will include obtaining parental consent.

Medicines will be stored securely and appropriately in accordance with individual product instructions, save where individual pupils have been given responsibility for keeping such equipment with them. Medicines will be stored in the original container in which they were dispensed, together with the prescriber's instructions for administration, and properly labelled, showing the name of the pupil, the date of prescription and the date of expiry of the medicine.

Medication will not be kept in a first aid container.

Medicine brought in by pupils will be returned to their parents for safe disposal when it is no longer required or has expired.

An emergency supply of medication will be available for pupils with medical conditions that require regular medication or potentially lifesaving equipment, e.g. an AAI.

Parents will advise the school when a pupil has a chronic medical condition or severe allergy so that an IHP can be implemented and staff can be trained to deal with any emergency in an appropriate way. Examples of this include epilepsy, diabetes and anaphylaxis. A disclaimer will be signed by parents in this regard.

Pupils will have any medication stored and, where appropriate, administered in accordance with their EHCP (where they have one) and the school's Administering Medication Policy.

Illnesses and allergies

When a pupil becomes ill during the school day, their parent will be contacted and asked to pick their child up as soon as possible. There will be a clear procedure for contacting parents in the case of illness or injury and, where necessary, emergency services.

A quiet space will be set aside for pupils to rest while they wait for their parent to pick them up, and pupils will be monitored during this time.

Where a pupil has an allergy, this will be addressed via the school's Allergen and Anaphylaxis Policy.

The school will manage any emergencies relating to illnesses and allergies in accordance with the Emergency procedures section of this policy.

Consent

Parents will be asked to complete and sign a medical consent form when their child joins the school, which includes emergency numbers, alongside details of allergies and chronic conditions; these forms will be updated at the start of each school year.

Staff will not act 'in loco parentis' in making medical decisions, as this has no basis in law. Staff will always aim to act and respond to accidents and illnesses based on what is reasonable under the circumstances and will always act in good faith while having the best interests of the pupil in mind; guidelines will be issued to staff in this regard.

Reporting and recording

In the event of an incident or injury to a pupil, a parent will be informed as soon as practicable. In the event of a serious injury or an incident requiring emergency medical treatment, a member of staff will telephone the pupil's parent as soon as possible. Parents will be informed in writing of any injury to the head, whether minor or major, and be given guidance on the action to take if symptoms develop.

A list of emergency contacts will be kept in the office.

The school will keep a record of all incidents involving staff, pupils and visitors which require first aid staff to be in attendance, and will use this record to help identify trends in accidents and areas for improvement, as well as when to review first aid needs assessments. Serious incidents will be notified to Ofsted and the relevant child protection agencies where required.

The appointed person will ensure that records are kept of any injuries, accidents or illnesses, as well as any first aid treatment that is given. This will include the date, time and place of the incident, the name of the pupil, details of the injury or illness and what first aid was given, details of what happened to the pupil immediately afterwards, and the name and signature of the first aider or person dealing with the incident.

The school is aware that this record is not the same as the statutory accident book; however, for expedience and simplicity, it will combine these records.

The Co-Headteachers will ensure that any injury or accident that must be reported to the HSE or LA under RIDDOR obligations is reported in a timely and detailed manner.

All records will be filed and stored in line with the Data Protection Policy.

Automated external defibrillators (AEDs)

Roots now has an AED situated by the boxing gym. Individuals will follow the step-by-step instructions displayed on the device, and a general awareness briefing session to promote its use will be provided to staff on an annual basis.

Monitoring and review

This policy will be reviewed annually by the trust board, and any changes will be communicated to all members of staff.

Staff will be required to familiarise themselves with this policy as part of their induction. Staff will be informed of the arrangements that have been made in connection with the provision of first aid, including the location of equipment, facilities and personnel.

Appendix: First aid personnel register

First aid personnel register			
Name	Contact	Location	Date of first aid qualification